

Professional Workshops

"Saying Goodbye After Goodbye"

A full day workshop for professionals on loss, termination, and the interface between the professional and personal.

"Fundamentals of Grief Counseling"

Every human service worker is bound to encounter clients facing loss situations, even though that may not be the primary focus of the professional relationship. This workshop provides essential information regarding loss, life transition, and counseling strategies for a variety of grief situations. As in all of our workshops, experiential exercises are included to gently help the clinician understand the impact of loss on their personal life.

"Grief & Depression: Similarities and Differences"

Many professionals often confuse and misdiagnose a person experiencing the normal manifestations of grief as someone with DSM-IV diagnosis of depression. This workshop helps the clinician differentiate between these two emotional states and provides treatment strategies for working with both situations.

"The Grief of the Professional"

This seminar focuses on the impact of working with people struggling with loss issues on the professional, and covers such topics as counter transference, burnout, and self-care strategies.

"Facilitating Effective Bereavement Groups"

This workshop prepares the clinician to develop and lead time-limited and ongoing bereavement groups. It covers the nuts and bolts dimension of organizing a group in addition to focusing on group dynamics, leadership skills, and coping with counter transference reaction.

"Biblical Models of Grief"

This workshop explores the Biblical Exodus from Egypt as a model for understanding grief and loss, and presents a framework for using religious myths and symbols as a basis for facilitating a bereavement group.

Workshops for Laypeople & Community Organizations

"What to Say: How to Help Someone Coping with a Loss"

This workshop has been presented to church, synagogue and community groups as a means of providing fundamental information useful in comforting bereaved congregants and friends. This workshop demystifies loss for the participants and provides helpful and pragmatic do's and don'ts for dealing with the grieving person.

"Adult Children Mourning the Loss of a Parent"

The grief of an adult child over the loss of a parent is often under appreciated because it is a "natural" loss, i.e., parents are meant to predecease children. This often results in adult children being denied the necessary support and care that is needed to cope with their loss. This workshop helps participants to understand the nature of this special loss and explore ways of coping with this grief.

Please e-mail us or call at (212) 874-4711 to schedule a workshop or seminar.

Previous Conference Presentations

- European Association of Palliative Care
- National Hospice Organization Annual Convention
- National Hospice Organization Bereavement Conference
- National Hospice Organization Volunteer Conference
- New York State Hospice Organization
- Iowa State Hospice Organization
- Fourth International Conference on Grief & Bereavement
- Yeshiva University Annual Bereavement Conference
- American Psychological Association Annual Conference

Selected Client List

- New York Organ Donor Network
- St. Vincent's Hospital
- Hassenfeld Children's Cancer Center, New York University
- Alzheimer's Association of New York
- The Bridge
- Chai Lifeline
- Chase Manhattan Bank, EAP
- Columbia Presbyterian Hospital
- Corporate Counseling
- EAP of New York City
- The Lighthouse
- Memorial Sloan Kettering Hospital
- Mt. Sinai Medical Center Geriatric Service
- New York University Faculty EAP
- Project Dorot
- Tempo Group Treatment Center
- The Learning Annex